

# MAYAN / GREGORIAN CALENDAR OF THE SEVENTH DAYS

Made for you



By 4-AHAU.COM



DARKNESS  
REST

LIGHT  
ACTION

4-ahau version (2010/10/02)

GREGORIAN DATE		MAYAN DATE		TRECENA	UNIAL	NINTH WAVE	EIGHTH WAVE	DAYS OF INTEREST / PERSONAL NOTES
NOVEMBER 2010	WE	3	5 IMIX		9		J7	BEGINNING OF THE NINTH UNIAL (DAYS 161-180) - BEGINNING OF THE SEVENTH DAY(EIGHTH WAVE)
	TH	4	6 IK					
	FR	5	7 AKBAL					
	SA	6	8 KAN					
	SU	7	9 CHICCHAN					
	MO	8	10 CIMI					
	TU	9	11 MANIK					
	WE	10	12 LAMAT					
	TH	11	13 MULUC					
	FR	12	1 OC					BEGINNING OF THE OC TRECENA
	SA	13	2 CHUEN					
	SU	14	3 EB					
	MO	15	4 BEN					
	TU	16	5 IX					
	WE	17	6 MEN					
	TH	18	7 CIB					
	FR	19	8 CABAN					
	SA	20	9 ETZNAB					
	SU	21	10 CAUAC					
	MO	22	11 AHAU		9			
	TU	23	12 IMIX		10			BEGINNING OF THE TENTH UNIAL (DAYS 181-200)
	WE	24	13 IK					
	TH	25	1 AKBAL					BEGINNING OF THE AKBALTRECENA
	FR	26	2 KAN					
	SA	27	3 CHICCHAN					
	SU	28	4 CIMI					

	MO	29	5 MANIK
NOVEMBER 2010	TU	30	6 LAMAT
DECEMBER 2010	WE	1	7 MULUC
	TH	2	8 OC
	FR	3	9 CHUEN
	SA	4	10 EB
	SU	5	11 BEN
	MO	6	12 IX
	TU	7	13 MEN
	WE	8	1 CIB
	TH	9	2 CABAN
	FR	10	3 ETZNAB
	SA	11	4 CAUAC
	SU	12	5 AHAU
	MO	13	6 IMIX
	TU	14	7 IK
	WE	15	8 AKBAL
	TH	16	9 KAN
	FR	17	10 CHICCHAN
	SA	18	11 CIMI
	SU	19	12 MANIK
	MO	20	13 LAMAT
	TU	21	1 MULUC
	WE	22	2 OC
	TH	23	3 CHUEN
	FR	24	4 EB
	SA	25	5 BEN
	SU	26	6 IX
	MO	27	7 MEN
	TU	28	8 CIB
	WE	29	9 CABAN

10

11

BEGINNING OF THE CIB TRECENA

BEGINNING OF THE ELEVENTH UNIAL (DAYS 201-220)

BEGINNING OF THE MULUC TRECENA - WINTER SOLSTICE

TH	30	10 ETZNAB	
DECEMBER 2010	FR	31	11 CAUAC
JANUARY 2011	SA	1	12 AHAU
	SU	2	13 IMIX
	MO	3	1 IK
	TU	4	2 AKBAL
	WE	5	3 KAN
	TH	6	4 CHICCHAN
	FR	7	5 CIMI
	SA	8	6 MANIK
	SU	9	7 LAMAT
	MO	10	8 MULUC
	TU	11	9 OC
	WE	12	10 CHUEN
	TH	13	11 EB
	FR	14	12 BEN
	SA	15	13 IX
	SU	16	1 MEN
	MO	17	2 CIB
	TU	18	3 CABAN
	WE	19	4 ETZNAB
	TH	20	5 CAUAC
	FR	21	6 AHAU
	SA	22	7 IMIX
	SU	23	8 IK
	MO	24	9 AKBAL
	TU	25	10 KAN
	WE	26	11 CHICCHAN
	TH	27	12 CIMI
	FR	28	13 MANIK
	SA	29	1 LAMAT

11

12

12

13

BEGINNING OF THE TWELFTH UNIAL (DAYS 221-240)

BEGINNING OF THE IK TRECENA

BEGINNING OF THE MEN TRECENA

BEGINNING OF THE THIRTEENTH UNIAL (DAYS 241-260)

BEGINNING OF THE LAMAT TRECENA

	SU	30	2 MULUC
JANUARY 2011	MO	31	3 OC
FEBRUARY 2011	TU	1	4 CHUEN
	WE	2	5 EB
	TH	3	6 BEN
	FR	4	7 IX
	SA	5	8 MEN
	SU	6	9 CIB
	MO	7	10 CABAN
	TU	8	11 ETZNAB
	WE	9	12 CAUAC
	TH	10	13 AHAU
	FR	11	1 IMIX
	SA	12	2 IK
	SU	13	3 AKBAL
	MO	14	4 KAN
	TU	15	5 CHICCHAN
	WE	16	6 CIMI
	TH	17	7 MANIK
	FR	18	8 LAMAT
	SA	19	9 MULUC
	SU	20	10 OC
	MO	21	11 CHUEN
	TU	22	12 EB
	WE	23	2 BEN
	TH	24	1 IX
	FR	25	2 MEN
	SA	26	3 CIB
	SU	27	4 CABAN
FEBRUARY 2011	MO	28	5 ETZNAB
MARCH 2011	TU	1	6 CAUAC

13

1

END OF THE TZOLKIN ROUND

BEGINNING OF THE TZOLKIN ROUND - BEGINNING OF THE IMIX TRECENA - BEGINNING OF THE FIRST UNIAL (DAYS 1-20)

BEGINNING OF THE IX TRECENA

WE	2	7 AHAU
TH	3	8 IMIX
FR	4	9 IK
SA	5	10 AKBAL
SU	6	11 KAN
MO	7	12 CHICCHAN
TU	8	13 CIMI
WE	9	1 MANIK
TH	10	2 LAMAT
FR	11	3 MULUC
SA	12	4 OC
SU	13	5 CHUEN
MO	14	6 EB
TU	15	7 BEN
WE	16	8 IX
TH	17	9 MEN
FR	18	10 CIB
SA	19	11 CABAN
SU	20	12 ETZNAB
MO	21	13 CAUAC
TU	22	1 AHAU
WE	23	2 IMIX
TH	24	3 IK
FR	25	4 AKBAL
SA	26	5 KAN
SU	27	6 CHICCHAN
MO	28	7 CIMI
TU	29	8 MANIK
WE	30	9 LAMAT
TH	31	10 MULUC
FR	1	11 OC

MARCH  
2011

APRIL  
2011

1

2

J1

2

3

J1

N1

BEGINNING OF THE SECOND UNIAL (DAYS 21-40)

BEGINNING OF THE MANIK TRECENA - BEGINNING OF THE NINTH WAVE - BEGINNING OF THE FIRST DAY (NINTH WAVE)

CREST OF THE FIRST DAY (NINTH WAVE)

CREST OF THE FIRST DAY (NINTH WAVE)

SPRING EQUINOX

BEGINNING OF AHAU TRECENA

BEGINNING OF THE THIRD UNIAL (DAYS 41-60)

BEGINNING OF THE FIRST NIGHT (NINTH WAVE)

SA	2	12 CHUEN				
SU	3	13 EB				
MO	4	1 BEN			BEGINNING OF THE BEN TRECENA - CREST OF THE FIRST NIGHT (NINTH WAVE)	
TU	5	2 IX			CREST OF THE FIRST NIGHT (NINTH WAVE)	
WE	6	3 MEN				
TH	7	4 CIB				
FR	8	5 CABAN				
SA	9	6 ETZNAB				
SU	10	7 CAUAC				
MO	11	8 AHAU	3			
TU	12	9 IMIX	4		BEGINNING OF THE FOURTH UNIAL (DAYS 61-80)	
WE	13	10 IK		N1		
TH	14	11 AKBAL		J2	BEGINNING OF THE SECOND DAY (NINTH WAVE)	
FR	15	12 KAN				
SA	16	13 CHICCHAN				
SU	17	1 CIMI			BEGINNING OF THE CIMI TRECENA	
MO	18	2 MANIK				
TU	19	3 LAMAT				
WE	20	4 MULUC				
TH	21	5 OC				
FR	22	6 CHUEN			CREST OF THE SECOND DAY (NINTH WAVE)	
SA	23	7 EB			CREST OF THE SECOND DAY (NINTH WAVE)	
SU	24	8 BEN				
MO	25	9 IX				
TU	26	10 MEN				
WE	27	11 CIB				
TH	28	12 CABAN				
FR	29	13 ETZNAB				
SA	30	1 CAUAC		J7	BEGINNING OF THE CAUAC TRECENA	
APRIL 2011						
MAY 2011	SU	1	2 AHAU	4	J2	
	MO	2	3 IMIX	5	N2	BEGINNING OF THE FIFTH UNIAL (DAYS 81-100) - BEGINNING OF THE SECOND NIGHT (NINTH WAVE)



FR	3	9 BEN		
SA	4	10 IX		
SU	5	11 MEN		
MO	6	12 CIB	J3	
TU	7	13 CABAN	N3	
WE	8	1 ETZNAB		
TH	9	2 CAUAC		
FR	10	3 AHAU	6	
SA	11	4 IMIX	7	
SU	12	5 IK		
MO	13	6 AKBAL		
TU	14	7 KAN		
WE	15	8 CHICCHAN		
TH	16	9 CIMI		
FR	17	10 MANIK		
SA	18	11 LAMAT		
SU	19	12 MULUC		
MO	20	13 OC		
TU	21	1 CHUEN		
WE	22	2 EB		
TH	23	3 BEN		
FR	24	4 IX	N3	
SA	25	5 MEN	J4	
SU	26	6 CIB		
MO	27	7 CABAN		
TU	28	8 ETZNAB		
WE	29	9 CAUAC		
TH	30	10 AHAU	7	
JUNE 2011				
JULY 2011	FR	1	11 IMIX	8
	SA	2	12 IK	
	SU	3	13 AKBAL	

BEGINNING OF THE THIRD NIGHT (NINTH WAVE)
BEGINNING OF THE ETZNAB TRECENA
BEGINNING OF THE SEVENTH UNIAL (DAYS 121-140)
CREST OF THE THIRD NIGHT (NINTH WAVE)
CREST OF THE THIRD NIGHT (NINTH WAVE)
BEGINNING OF THE CHUEN TRECENA - SUMMER SOLSTICE
BEGINNING OF THE FOURTH DAY (NINTH WAVE)
BEGINNING OF THE EIGHTH UNIAL (DAYS 141-161)
CREST OF THE FOURTH DAY (NINTH WAVE)







SU	4	11 CIMI	N5
MO	5	12 MANIK	J6
TU	6	13 LAMAT	
WE	7	1 MULUC	
TH	8	2 OC	
FR	9	3 CHUEN	
SA	10	4 EB	
SU	11	5 BEN	
MO	12	6 IX	
TU	13	7 MEN	
WE	14	8 CIB	
TH	15	9 CABAN	
FR	16	10 ETZNAB	
SA	17	11 CAUAC	
SU	18	12 AHAU	11
MO	19	13 IMIX	12
TU	20	1 IK	
WE	21	2 AKBAL	
TH	22	3 KAN	J6
FR	23	4 CHICCHAN	N6
SA	24	5 CIMI	
SU	25	6 MANIK	
MO	26	7 LAMAT	
TU	27	8 MULUC	
WE	28	9 OC	
TH	29	10 CHUEN	
FR	30	11 EB	
SEPT 2011			
OCTOBER 2011	SA	1	12 BEN
	SU	2	13 IX
	MO	3	1 MEN
	TU	4	2 CIB

BEGINNING OF THE SIXTH DAY (NINTH WAVE)

BEGINNING OF THE MULUC TRECENA

CREST OF THE SIXTH DAY (NINTH WAVE)

CREST OF THE SIXTH DAY (NINTH WAVE)

BEGINNING OF THE TWELFTH UNIAL (DAYS 221-240)

BEGINNING OF THE IK TRECENA

BEGINNING OF THE SIXTH NIGHT (NINTH WAVE) - FALL EQUINOX

CREST OF THE SIXTH NIGHT (NINTH WAVE)

CREST OF THE SIXTH NIGHT (NINTH WAVE)

BEGINNING OF THE MEN TRECENA

WE	5	3 CABAN			
TH	6	4 ETZNAB			
FR	7	5 CAUAC			
SA	8	6 AHAU	12		
SU	9	7 IMIX	13		
MO	10	8 IK		N6	
TU	11	9 AKBAL		J7	
WE	12	10 KAN			
TH	13	11 CHICCHAN			
FR	14	12 CIMI			
SA	15	13 MANIK			
SU	16	1 LAMAT			
MO	17	2 MULUC			
TU	18	3 OC			
WE	19	4 CHUEN			
TH	20	5 EB			
FR	21	6 BEN			
SA	22	7 IX			
SU	23	8 MEN			
MO	24	9 CIB			
TU	25	10 CABAN			
WE	26	11 ETZNAB			
TH	27	12 CAUAC			
FR	28	13 AHAU	13	J7	J7

OCTOBER  
2011

BEGINNING OF THE THIRTEENTH UNIAL (DAYS 241-260)

BEGINNING OF THE SEVEN DAY (NINTH WAVE)

BEGINNING OF THE LAMAT TRECENA

CREST OF THE SEVEN DAY (NINTH WAVE)

CREST OF THE SEVEN DAY (NINTH WAVE)

END OF THE TZOLKIN ROUND - END OF ALL THE SEVENTH DAYS

